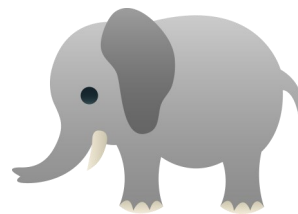




Start socialising with other babies/children so your Baby can get used to being around others, the sounds that they make and start key interactions. Local parent groups, library sessions and stay & play groups will be a useful resource for you.

Be prepared for some tears. This is completely natural especially from 6 months+. We are experts at settling in and transitions. Make your drop off swift and your Baby will settle quicker. If we need you we will call you but you are also welcome to call us to see how they are getting on.



Our Babies all sleep in cots within a darkened room with a white noise machine. Baby needs to begin to self soothe, we cannot co-sleep or rock babies to sleep for long periods.

Start getting Baby used to being with other adults not just with Mum or Dad. Being left with other people for short periods of time and then lengthening these times will help Baby get used to separation and knowing that you will return.



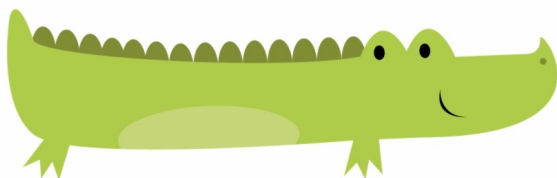
Start to adapt your Baby's routine so it is similar to Nursery nap and meal times. If your child is on two naps a day these are around 10am and 2pm or one nap a day is after lunch from 12pm.

Lunch is 11.30am and tea is served at 3.30pm.

Ready for Nursery?

Be positive! Babies pick up on nervousness and this can be unsettling for them. Be positive, this is an exciting next stage in your child's life.

When babies first start mixing with the other children they can pick up childhood illnesses, this is completely normal as they start to develop a stronger immune system



If Baby uses breast feeding as their comforter please begin transitioning them onto a different comforter object.

If your Baby has been 'baby led weaned' now is the time to start introducing a spoon to encourage your child's independence and fine motor skills.



If your Baby is breastfed, start expressing breast milk into bottles to get Baby used to taking a bottle, they will need to be able to do this before they start Nursery.